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Transition Bellingen News

Food Exchange on Thursday 2 February 2012 north end of Church Street 11am to noon

FREE MARKET on Sunday 5 February 2012 Bellingen Showgrounds 2-4pm

Resilience

"Resilience" is a word frequently used in Transition speak.

However it has been said that "resilience can be defined very precisely: it is the opposite of efficiency"

This definition is taken from <http://thearchdruidreport.blogspot.com/2011/07/salvaging-resilience.html>

Every time we are told that action is being taken to improve efficiency, just check what impact that has on the resilience of that activity and on the community.

This is a good question to ask of Nicole Foss - see below

Other News

Nicole Foss - Speaking tour at Coffs Harbour on 11 February 2012. \$10 including light lunch

"why strong local economies are smart economies"

For details click on [local communities built on trust and resilience](#)

Bellingen High School Community Garden holds working bees each Thursday 5pm details on [working bees](#)

Bellingen Urban Landcare holds working bees each 4th Sunday of the month for

details go to <http://www.bellingenurbanlandcare.org.au>